

## Key Stage 5 Science

### Activity Plan Sheet 3 – What is it like to have type 1 diabetes?

#### Learning outcomes

- Relate to how having type 1 diabetes would affect a person's lifestyle.
- Identify how type 1 diabetes might affect a person and those around them emotionally.
- Understand the importance of others being aware of type 1 diabetes.

#### Task

- **Active listening** – students to watch the video Day in the Life and make notes of key words and phrases, whilst keeping in mind the three focus points of the lesson.
- **Mindmap** – in groups, produce a mindmap to identify all the different groups of people that a teenager might interact with. Extend your mindmap to include how each of these groups might be affected emotionally if a teenager they knew was diagnosed with type 1 diabetes.
- **Advice** – produce a list for a teacher of key pieces of information that they need to be aware of if they were to have a student with type 1 diabetes in their school.