

Key Stage 2 Literacy

Introducing and understanding type 1 diabetes through literacy.

Resources required

- Type 1 Diabetes Made Simple interactive book
- KS1 & 2 Literacy Presentation – Diabetes Made Simple
- Video clips – Chloe & Ria

Learning outcomes

Children show an understanding of:

- What type 1 diabetes is, its effects on the body and how it can be managed
- How it is possible to live a 'normal' active and successful life with type 1 diabetes
- The importance of monitoring blood glucose levels and its role in the life of children with type 1 diabetes
- The role of food in helping to keep blood glucose levels steady.

Stimulus and input – Introduction to type 1 diabetes

Use the KS1&2 Literacy Presentation and read the Type 1 Diabetes Made Simple interactive book together, stopping often to discuss anything that requires extra explanation or to answer any questions children may have. Show the videos of Ria and Chloe.

Pupil task

Ask the class to discuss:

- What have you learned about type 1 diabetes?
- Where is insulin made in the body?
- Where does sugar pile up if insulin is not made and what does the body do with it?
- What happens when our bodies don't make insulin?
- Is type 1 diabetes contagious?
- Can type 1 diabetes be controlled? Does it stop people leading a normal life?