

## Key Stage 1 Literacy

Introducing and understanding type 1 diabetes through literacy.

### Resources required

- Type 1 Diabetes Made Simple interactive book
- KS1&2 Literacy Presentation – Diabetes Made Simple
- Video clips – Chloe & Ria

### Learning outcomes

Children show an understanding of:

- What type 1 diabetes is, its effects on the body and how it can be managed
- How it is possible to live an active and successful life with type 1 diabetes
- The importance of monitoring blood glucose levels and its role in the life of children with type 1 diabetes
- The role of food in helping to keep blood glucose levels steady.

### Stimulus and input

Using KS1 & 2 Literacy presentation read Type 1 Diabetes Made Simple interactive book together, stopping often to discuss anything that requires extra explanation or to answer any questions the children may have.

### Pupil Task

As a whole class, paired or small group discussion

Ask the class to discuss:

- What have you learned about type 1 diabetes?
- Where is insulin made in the body?
- Where does sugar pile up if insulin is not made and what does the body do with it?
- What happens when our bodies don't make insulin?
- Can you catch type 1 diabetes from someone?
- How do people with type 1 diabetes stop themselves feeling unwell?
- Does type 1 diabetes stop people from doing anything?